

Knocklyon Lodge Ltd.

## Nursery Menu Plan Week 1

	Monday	Allergen	Tuesday	Allergen	Wednesday	Allergen	Thursday	Allergen	Friday	Allergen
<b>Breakfast</b>	Milk & Water Baby Cereal, Toast	D G	Milk & Water Baby Cereal, Toast	D G	Milk & Water Baby Cereal, Toast	D G	Milk & Water Baby Cereal, Toast	D G	Milk & Water Baby Cereal, Toast	D G
<b>Snack</b>	Milk / Water  Selection of crackers, crackerbread, water crackers, apple rice cakes and breadsticks with ham, cheese, Dairylea, turkey, Ella's Kitchen finger foods. Yoghurt Fruit in Season	D   DGE So	Milk / Water  Selection of crackers, crackerbread, water crackers, apple rice cakes and breadsticks with ham, cheese, Dairylea, turkey, Ella's Kitchen finger foods. Yoghurt Fruit in Season	D   DGE So	Milk / Water  Selection of crackers, crackerbread, water crackers, apple rice cakes and breadsticks with ham, cheese, Dairylea, turkey, Ella's Kitchen finger foods. Yoghurt Fruit in Season	D   DGE So	Milk / Water  Selection of crackers, crackerbread, water crackers, apple rice cakes and breadsticks with ham, cheese, Dairylea, turkey, Ella's Kitchen finger foods. Yoghurt Fruit in Season	D   DGE So	Milk / Water  Selection of crackers, crackerbread, water crackers, apple rice cakes and breadsticks with ham, cheese, Dairylea, turkey, Ella's Kitchen finger foods. Yoghurt Fruit in Season	D   DGE So
<b>Lunch</b>	Fresh Fish, Vegetables & Mash	F D	Shepherds Pie Mixed Vegetables	D,G,M	Chicken, Gravy & Veg Rice (mash for younger babies)	Ce, D (D)	Roast Turkey Potatoes & Vegetables	G	Baby Pasta Bake with Vegetables and Cheese	D,G
<b>Tea</b>	Homemade Soup Ham / Egg Sandwich Yoghurt & Fruit	 G E D,So	Turkey Wraps with Tomatoe Pureed Berries	 G	Soup & Brioche Mango & Banana Yoghurt	 D,G D,So	Beans on Toast Banana & Pears Yoghurt	 D,So	Brioche Rolls Stewed Apple & Mango Puree	 G, D

**We cater for special dietary requirements on an individual basis.**

List of Allergens:

A	Almond Major Protein	D	Dairy	G	Gluten	N	Nuts
Ce	Celery	E	Eggs	L	Lupins	So	Soya
Cr	Shellfish & Mussels	F	Fish	M	Mustard	Se	Sesame Seeds
						Su	Sulphur Dioxide