

Knocklyon Lodge Ltd.

## Nursery Menu Plan Week 2

	Monday	Allergen	Tuesday	Allergen	Wednesday	Allergen	Thursday	Allergen	Friday	Allergen
<b>Breakfast</b>	Milk & Water Baby Cereal, Toast	D G	Milk & Water Baby Cereal, Toast	D G	Milk & Water Baby Cereal, Toast	D G	Milk & Water Baby Cereal, Toast	D G	Milk & Water Baby Cereal, Toast	D G
<b>Snack</b>	Milk / Water Selection of crackers, crackerbread, water crackers, apple rice cakes and breadsticks with ham, cheese, Dairylea, turkey, Ella's Kitchen finger foods. Yoghurt Fruit in Season	D  DGE So	Milk / Water Fruit in Season	D  	Milk / Water Fruit in Season	D  	Milk / Water Fruit in Season	D  	Milk / Water Fruit in Season	D  
<b>Lunch</b>	Fresh Fish, Vegetables & Mash	F D	Chicken, Gravy & Veg Mash	 	Beef Stew, Vegetables Mash	 (D)	Roast Pork Potatoes & Vegetables	 	Spaghetti Bolognese Vegetables	 
<b>Tea</b>	Vegetable Soup Sandwiches Chopped Fruit	 G D,So	Sausages and Bread Stewed Fruit	 G 	Eggy Bread and Soup Pureed Berries and Yoghurt	D,G  D,So	Cheese and Crackers Fresh Fruit	 	Sandwiches, Yoghurt Rusks & Fruit Puree Fresh Fruit	D G D,G

**We cater for special dietary requirements on an individual basis.**

List of Allergens:

A	Almond Major Protein	D	Dairy	G	Gluten	N	Nuts
Ce	Celery	E	Eggs	L	Lupins	So	Soya
Cr	Shellfish & Mussels	F	Fish	M	Mustard	Se	Sesame Seeds
						Su	Sulphur Dioxide