

Knocklyon Lodge Ltd.		Menu Plan Week 3								
	Monday	Allergen	Tuesday	Allergen	Wednesday	Allergen	Thursday	Allergen	Friday	Allergen
<b>Breakfast</b>	Milk / Water	D	Milk / Water	D	Milk / Water	D	Milk / Water	D	Milk / Water	D
	Cereal / Toast	G	Cereal / Toast	G	Cereal / Toast	G	Cereal / Toast	G	Cereal / Toast	G
<b>Snack</b>	Milk / Water	D	Milk / Water	D	Milk / Water	D	Milk / Water	D	Milk / Water	D
	Rice Cakes & Cheese	DG	Crackerbread, Ham or Butter	DG	Crackers & Cheese	DG	Water Biscuits, Yoghurt	DGSo	Breadsticks, Yoghurt	DG
	Fruit in Season		Fruit in Season		Fruit in Season		Fruit in Season		Fruit in Season	
<b>Lunch</b>	Pizza, Waffles	A,D, G,So	Savory Mince	Ce, D, G, So ,M	Chicken in a Bag	Ce, D, G, So ,M,So	Boiled Ham , Carrot &		Pasta Carbonara	D,G,E
	Vegetable Sticks		Rice & Vegetables			D	Turnip, Mash	D		
	Ice Cream	D	Cake	D,G	Jelly		Yoghurt & Fruit	D, So	Fruit in Season	D,So
<b>Tea</b>	Leek & Potatoe Soup	G	Scrambled Eggs on	E	Toasted Sandwich	G	Turkey Wraps	G	Brown Bread	D,G,E
	Sandwiches	D G	Toast	G	Selection	D			and Jam	
	<b>List of Allergens:</b>	A	Almond Major Protein	D	Dairy & Milk Products	G	Gluten, Wheat, Rye, Barley, Oats, Spelt, Cereals	N	Nuts	
		Ce	Celery	E	Eggs & Egg Products	L	Lupins	So	Soya	
		Cr	Crustations & Mollusks, Shellfish & Mussels	F	Fish	M	Mustard	Se	Sesame Seeds	
								Su	Sulphur Dioxide	
Please see our Allergen Information Folder for list of ingredients.										